

Suicide, Mental Health, & Substance Use



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Wisconsin Statistics

Fast Facts on Suicide in Wisconsin

According to the Center for Disease Control and Prevention (CDC), as of 2016, the rate of suicide is increasing statewide and nationally.

866 WI residents died by suicide in 2016 (NVSS, 2016).

Over 3 times as many people died by suicide than homicide in WI in 2016 (NVSS, 2016).

14% of WI adults who died by suicide in 2015 had a non-alcohol related substance abuse problem (NVDRS, 2015).

22% of WI adults who died by suicide in 2015 had an alcohol problem (NVDRS, 2015).

43% of WI adults who died by suicide in 2015 were currently in treatment for a mental health or substance abuse problem (NVDRS, 2015).

53% of WI adults who died by suicide in 2015 had a current mental health problem (NVDRS, 2015).



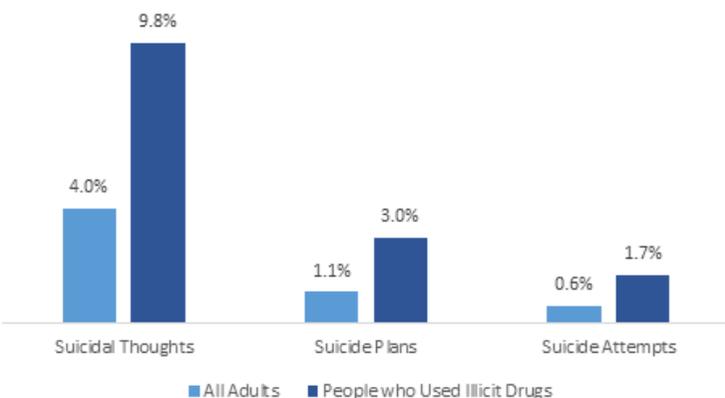
Suicide is the 10th leading cause of death among U.S. adults, and the 2nd leading cause of death among those ages 15-24.

Risk factors for suicide include: previous suicide attempt, substance use/intoxication, mood disorders, access to firearms or lethal means, history of trauma or abuse, family history of suicide, history of interpersonal violence, social isolation, local clusters of suicide, stigma associated with mental illness and help-seeking, physical illness, recent loss, and sleep deprivation. **Protective factors for suicide include:** problem-solving and conflict resolution skills as well as social support and connection. In addition to teaching people skills for coping with life's stressors, supportive relationships and meaningful community connections can help prevent suicidal thoughts and behaviors.

If you or someone you know needs help, please call the **National Suicide Prevention Lifeline** at: **1-800-273-8255** or text **HOPELINE** to 741741.

National Statistics

According to the National Survey on Drug Use and Health (NSDUH), in 2015, people who used illicit drugs were 2.6x more likely to experience suicidal thoughts, 2.8x more likely to make suicide plans, and 2.9x more likely to attempt suicide within the past year as compared to all adults.



Fast Facts on Suicide in the United States

44,965 people died by suicide in 2016, up from 44,193 in 2015 (CDC 2015-16).

11% of national suicide deaths in 2016 were from drug poisoning (NVSS, 2016).

1 in 5 Americans experience a mental illness. (NAMI, 2018).

50% of U.S. adults who have a substance use disorder have a co-occurring mental illness (NSDUH, 2014).

59% of 38,658 total U.S. firearm deaths in 2016 were from suicide (NVSS, 2016).

Sources:

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