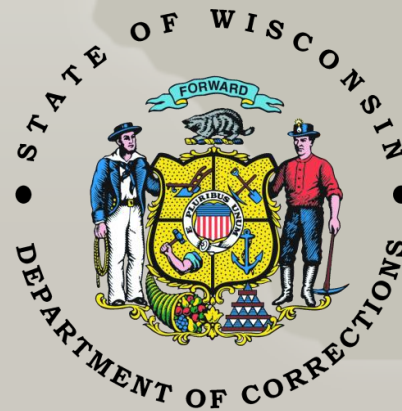


# Wisconsin Department of Corrections:

## *Development and Implementation of Evidence-Based Substance Abuse Treatment Standards*



State of Wisconsin  
Department of Corrections

Evidence-Based Health Policy Project  
April 28, 2016  
Wisconsin State Capitol

## *WI-DOC Commitment to Evidence-Based Principles*

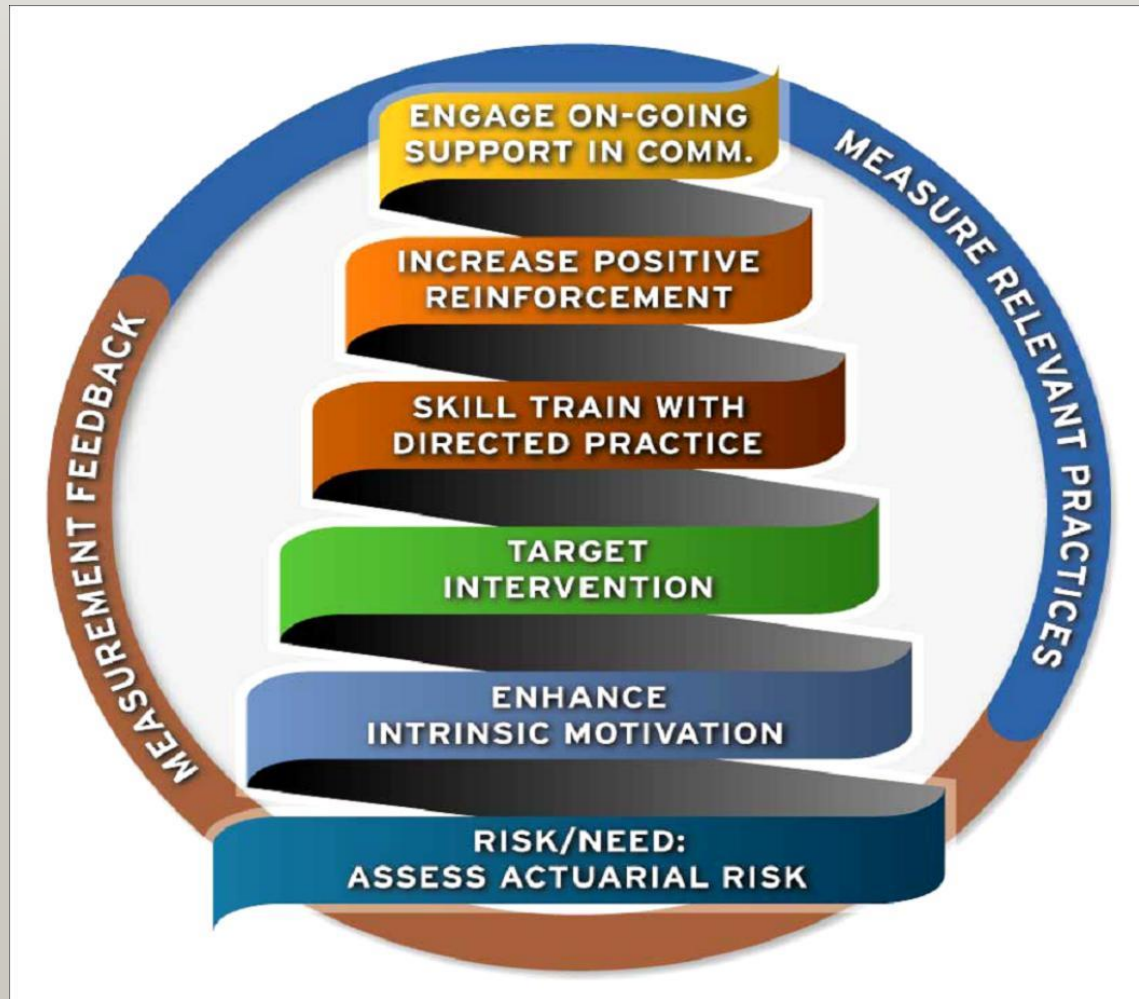
- *The Wisconsin Department of Corrections continues to develop and evolve as an evidence-based agency.*
- *Our strong commitment to the design, implementation, and monitoring of offender-based programs and services aligned with the principles of effective intervention remains central to our public safety vision and mission.*

## *Reentry Strategic Business Plan Priorities: 2007-2016*

- Organizational Philosophy
- Data/Information/M Measurement Assessment
- Case Management System
- Interventions, Programs, and Services
- Continuous Quality Improvement

# *National Institute of Corrections*

## *Principles of Effective Intervention*



# *Principles of Effective Intervention*

## **RISK**

### **WHO**

Deliver more intense intervention to higher risk offenders

## **NEED**

### **WHAT**

Target criminogenic needs to reduce risk for recidivism

## **RESPONSIVITY**

### **HOW**

Use CBT approaches  
Match mode/style of service to offender

## **FIDELITY**

### **HOW WELL**

Deliver treatment services as designed



## *University of Cincinnati Corrections Institute (UCCI) Technical Assistance and Support*

The Corrections Institute at the University of Cincinnati is committed to the dissemination of best practices to communities, facilities, and agencies seeking to change offender behavior.

UCCI works with federal, state, and local governments, and with the private sector and professional organizations, to promote effective interventions and assessments for adult and juvenile offenders.

## *University of Cincinnati Corrections Institute (UCCI) Technical Assistance Continued...*

The Corrections Institute is a unit of the Center for Criminal Justice Research at the University of Cincinnati's School of Criminal Justice.

Nationally recognized faculty and consultants synthesize:

- Evidence-based practices known to be effective with offenders
- Experience from research conducted in all 50 states
- Objectivity and excellence in scholarly research
- Creative strategies
- Comprehensive spectrum of resources

# *Evidence-Based Program Standards Design and Implementation*

- Evidence-Based Cross-Divisional Teams Convened in 2013:
  - Cognitive-Behavioral Programs
  - Substance Abuse Programs
  - Sex Offender Treatment Programs
- Collaborative Standards Development— Internal and External Partners—2-Year Commitment
- Gap Analyses and Implementation Plans Drafted
- Communication of Standards and a Phased/Tiered Approach to Cross-Divisional Alignment



# *Substance Abuse Treatment Standards*

Evidence-Based Program Standards for Substance Abuse assessment and treatment are necessary to achieve the following objectives:

- Increase the effectiveness and consistency of service delivery throughout WI-DOC
- Carefully consider fiscal and human resources
- Identify subordinate goals, objectives, and outcomes to form the basis of a policy and procedure guide
- Guide curriculum development and implementation
- Identify offender risk, needs, and responsivity factors
- Maximize service benefit by ensuring a continuum of care
- Utilize evidence-based practices to continually improve program quality and effectiveness

# *Substance Abuse Treatment Standards*

Evidence-Based Program Standards reflect best practice in the following areas:

- *Assessment and Placement*
- *Continuum of Care*
- *Curriculum Criteria*
- *Staff Credentialing and Professional Development*
- *Clinical Supervision*
- *Quality Assurance*

# *University of Cincinnati Corrections Institute (UCCI) in Wisconsin*

- EBP Model Program Development at the Drug Abuse Correctional Center Earned Release Program—Generalized to Five Additional Sites Statewide
- Model Redesign Subcommittees:
  - Assessment
  - Curricula
  - Scheduling
  - Behavior Management Systems
  - Training and Quality Assurance
- Technical Assistance, Coaching, and Mentoring from UCCI
- Evidence-Based Correctional Program Checklist Evaluations (CPCs)
- Training Opportunities

# *Cognitive-Behavioral Interventions for Substance Abuse (CBISA) Curriculum*

A CBT approach to Substance Abuse Treatment which also addresses Motivational Engagement, Emotion Regulation, Social Skills Development, Problem-Solving, and Success Planning

- Ideal Group Size: 8-10 (maximum 16 = 2 facilitators)
- Group time: 1.25-1.50 hours
- Frequency: 2-3 times per week
- Modified closed group: entry points with pre-requisites
- Preparation requirement: ~30 minutes
- Homework: a key to transfer of skill practice

## Cognitive-Behavioral Interventions for Substance Abuse Curriculum Structure

Mod 1  
(5)

Mod 2  
(4)

Mod 3  
(8)

Mod 4  
(11)

Mod 5  
(4)

Mod 6  
(7)

Motivation &  
Engagement

Emotion  
Regulation

Problem  
Solving

Cognitive  
Restructuring

Social  
Skills

Success  
Planning

Optional: Pre-Treatment Mod (3)

# Questions

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