Evidence-Based Health Policy Project

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SHIFTING
Our Perspective: Innovating, Integrating and Improving Children’s Service and Supports

WI Office of Children’s Mental Health

Elizabeth Hudson, Director
Elizabeth.Hudson@wi.gov
WI Office of Children’s Mental Health
Coordinating and Integrating Services Across State Agencies

Office of Children’s Mental Health

Parent and Youth Partners

Children’s Trust Fund

Wisconsin Department of Corrections

Wisconsin Department of Health Services
SHIFT Our Perspective

• From illness to adaptation (Innovation)

• From primarily a clinical approach to a public health approach (Innovation)

• From families as receivers to families as leaders (Innovation)

• From a programs approach to a systems approach (Integration)
“Early experiences are biologically embedded in the development of the brain and other organ systems leaving a lifelong impact on learning, behavior and both physical and mental health.”

Harvard Center on the Developing Child
SHIFT
from a primarily Clinical Approach to a Public Health Approach

Raise Awareness:
• High youth psychiatric hospitalization rates
• High youth suicide rates
• High youth depression rates
• Child/youth psychotropic medication prescribing patterns

Mental Health Providers

Student Support Services

Mental Health Coaches and Organizational Consultants

Youth and Parent Peer Specialists

Skilled Child Serving Workforce

Safe, Stable, Nurturing, Informed Families
Knowledgeable Lawmakers
Consistent Media Messaging

Trauma-Informed Care
• Understand basic trauma & ACEs information
• Recognize triggers
• Recognize signs of emotional dysregulation
• Learn basic self-regulation and de-escalation skills
• Approach others from a frame of cultural competence
• Shift your perspective from “what’s wrong with that person?” to “what might have happened to that person?”

Collective Impact

SHIFTS from a primarily Clinical Approach to a Public Health Approach
SHIFT

from Families as Receivers to Families as Leaders

Develop an infrastructure to ensure meaningful parent and youth involvement in state agency activities
Children’s Social and Emotional Development

Department of Public Instruction (DPI)
- Let’s coordinate activities
- Let’s stay in regular contact

Department of Health (DHS)
- Let’s create a list of common outcome indicators
- Let’s share a vision

Department of Children and Families (DCF)

Children’s Trust Fund
- Other Stakeholders
- Youth and Parents with Lived Experience

Department of Corrections
- Department of Children and Families
- Department of Health

SHIFT from a Programs Approach to a Systems Approach
Wisconsin Data Themes (*Improvement*)

• What is the **prevalence** of children’s mental health issues?

• What are some of the **risk factors** that contribute to mental health difficulties?

• Using the available data, where do we see serious **concerns**?

• Where do we have **opportunities** to shift our perspective?

• What kind of **disparities** do we see?

• What **strengths** can we build on?

*Please see the 2014 OCMH Report to the Legislature for detailed information:*
Thank you

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