



Further Resources

More information on the obesity epidemic

HBO Documentary Series “The Weight of the Nation”

<http://theweightofthenation.hbo.com/>

Center for Disease Control and Prevention, Adult Obesity Facts

<http://www.cdc.gov/obesity/data/adult.html>

The obesity-cancer connection

Wisconsin Comprehensive Cancer Control Program/Wisconsin Cancer Council:

Wisconsin County Cancer Fact Sheets

<http://wicancer.org/documents/ObesityCancerConnectionFINAL.pdf>

Cancer Health Disparities Initiative, Carbone Cancer Center, Wisconsin County Cancer Profiles

<http://chdi.wisc.edu/wisconsin-county-cancer-profiles>

Wisconsin Cancer Statistics

<http://www.dhs.wisconsin.gov/wish/cancer/>

WI Cancer Facts & Figures 2013

www.wicancer.org/documents/WIFactsFigures2013_FINAL.pdf

The Role of Obesity in Cancer survival and Recurrence: Workshop Summary” sponsored by the National Cancer Policy Forum of the Institute of Medicine

http://www.nap.edu/catalog.php?record_id=13348

“Annual Report to the Nation on the Status of Cancer, 1975-2008, Featuring Cancers Associated With Excess Weight and Lack of Sufficient Physical Activity”

<http://www.ncbi.nlm.nih.gov/pubmed/22460733>

National Cancer Institute Obesity and Cancer Risk

<http://www.cancer.gov/cancertopics/factsheet/Risk/obesity>

<http://www.cancer.gov/cancertopics/factsheet/diet>

“Food, Nutrition, Physical Activity, and the Prevention of Cancer: a Global Perspective” from the World Cancer Research Fund and the American Institute for Cancer Research

http://www.dietandcancerreport.org/cancer_resource_center/er_full_report_english.php



ROBERT M. LA FOLLETTE
SCHOOL OF PUBLIC AFFAIRS
University of Wisconsin-Madison



UNIVERSITY OF WISCONSIN
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Translating Research for Policy and Practice



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Policy resources for reducing obesity

Collective Impact

http://www.ssireview.org/articles/entry/collective_impact

Considerations for an Obesity Policy Research Agenda: Multi-sector policy/research graphic

<http://www.cancer.gov/cancertopics/factsheet/prevention/physicalactivity>

“Physical Activity Guidelines for Americans Midcourse Report: Strategies to Increase Physical Activity Among Youth”

<http://www.health.gov/paguidelines/midcourse/>

Rationale for Policy Intervention in Reducing Obesity, American Medical Association

<http://virtualmentor.ama-assn.org/2010/04/toc-1004.html>

Wisconsin Nutrition, Physical Activity and Obesity State Plan

<http://www.dhs.wisconsin.gov/physical-activity/2013StatePlan/index.htm>

Evidence based nutrition, physical activity prevention interventions in AZ

<http://www.azdhs.gov/phs/chronicdisease/index.htm>

Recommended Community Strategies and Measurements to Prevent Obesity in the US

<http://www.cdc.gov/mmwr/preview/mmwrhtml/rr5807a1.htm>

County Health Roadmaps: A Healthier Nation, County by County

<http://uwphi.pophealth.wisc.edu/programs/match/chrm/index.htm>

Peer-Reviewed Scholarly Articles

Calle EE, Rodriguez C, Walker-Thurmond K, and Thun MJ. Overweight, obesity, and mortality from cancer in a prospectively studied cohort of U.S. adults. *New England Journal of Medicine*. 2003; 348(17):1625-38.

Chlebowski RT, Blackburn GL, Thomson CA, Nixon DW, Shapiro A, Hoy MK, Goodman MT, Giuliano AE, Karanja N, McAndrew P, et al. Dietary fat reduction and breast cancer outcome: interim efficacy results from the Women's Intervention Nutrition Study. *Journal of the National Cancer Institute*. 2006; 98(24):1767-76.

Demark-Wahnefried W, Platz EA, Ligibel JA, Blair CK, Courneya KS, Meyerhardt JA, Ganz PA, Rock CL, Schmitz KH, Wadden T, et al. The role of obesity in cancer survival and recurrence. *Cancer Epidemiology, Biomarkers & Prevention*. 2012; 21(8):1244-59.

Folta, S. C., Kuder, J. F., Goldberg, J. P., Hyatt, R. R., Must, A., Naumova, E. N., . . . Economos, C. D. (2013). Changes in diet and physical activity resulting from the Shape Up Somerville community intervention. *BMC Pediatrics*, 13(157). doi: 10.1186/1471-2431-13-157

Irwin ML, Smith AW, McTiernan A, Ballard-Barbash R, Cronin K, Gilliland FD, Baumgartner RN, Baumgartner KB, and Bernstein L. Influence of pre- and postdiagnosis physical activity on mortality in breast cancer survivors: the health, eating, activity, and lifestyle study. *Journal of Clinical Oncology*. 2008; 26(24):3958-64.

Pierce JP, Natarajan L, Caan BJ, Parker BA, Greenberg ER, Flatt SW, Rock CL, Kealey S, Al-Delaimy WK, Bardwell WA, et al. Influence of a diet very high in vegetables, fruit, and fiber and low in fat on prognosis following treatment for breast cancer: the Women's Healthy Eating and Living (WHEL) randomized trial. *Journal of the American Medical Association*. 2007; 298(3):289-98.